



# Safer Opioid Prescribing



## Opioid stewardship can be a team effort

While progress is being made towards safer opioid prescribing, management of opioids to treat chronic pain remains a significant patient safety challenge for Canadian healthcare professionals.

A coordinated approach to pain management can begin with education in safer opioid prescribing.

Group education in opioid prescribing and management fosters a more supportive working environment and a community of learning, with groups sharing common strategies, language, and best practices to tackle this critical issue.



**Safer Opioid Prescribing** is offered in partnership with the University of Toronto to physicians, nurses and other healthcare professionals. The program is evidence-based, free of industry conflicts of interest and accessible to busy physicians and healthcare professionals.

This program is available for both individual registration and for groups of prescribers, across Canada.

## PROGRAM BENEFITS FOR PARTICIPANTS

- Feel prepared to assess and prescribe effectively, even in cases of complex chronic pain
- Share experiences of tough opioid prescribing challenges, including addiction, and learn from peers who have confronted similar situations
- Gain confidence in the application of the most recent Canadian Guidelines for Opioids
- Help reduce medicolegal risk through effective opioid prescribing and patient management
- Teams and colleagues who participate are equipped to tackle this critical issue together

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**3.7M** 

aged 15 years and older who use an opioid pain medication **report problematic use of these medications.**<sup>1</sup>

 **>50%**

More than half of people hospitalized for opioid overdose in Manitoba and Ontario had an **active opioid prescription** at the time of hospitalization.<sup>2</sup>

<sup>1</sup> Data from Statistics Canada, Canadian Community Health Survey 2018

<sup>2</sup> Gomes, T et al., Comparing the contribution of prescribed opioids to opioid-related hospitalizations across Canada: A multi-jurisdictional cross-sectional study, Drug and Alcohol Dependence, 2018.

**Safer Opioid Prescribing** consists of three online webinars, followed by a one day Zoom workshop. On-site delivery of the workshop can be provided for groups of healthcare professionals in Canada.

## THIS PROGRAM IS FOR

Physicians, residents and nurses who prescribe opioids

## TOPICS TO BE COVERED

- Multi-modal approaches to managing complex chronic pain
- Initiating and managing safer more effective opioid therapy
- Communication and collaboration skills to better manage opioid therapy for patients with chronic pain
- Preventing and addressing opioid use disorder

## FOR GROUPS

Groups interested in the program can contact [info@cpd.utoronto.ca](mailto:info@cpd.utoronto.ca) for pricing and scheduling information.

## FORMAT

- 3 online webinars – 90–120 minutes, each scheduled about one month apart
- 1 one day Zoom workshop

## PROGRAM FEATURES

- Long running with a proven track-record of reducing the risks associated with pain management
- Curriculum reflects the 2017 Canadian Guideline for Opioids for Chronic Non-Cancer Pain
- Program and its faculty are held to the highest ethical standards, having no industry-related conflicts of interest
- Uses a best-practice education methodology to drive practice change

## FOR INDIVIDUALS

Physicians and other prescribers can also register for the program as individuals – visit [cpd.utoronto.ca/opioidprescribing](http://cpd.utoronto.ca/opioidprescribing)

## ACCREDITATION

### WEBINARS

#### **College of Family Physicians of Canada: 9 Mainpro+ credits**

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Faculty of Medicine, University of Toronto for up to 9.0 Mainpro+ credits.

#### **Royal College of Physicians and Surgeons of Canada: 9.0 Section 1 Credits**

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim up to a maximum of 9.0 hours (credits are automatically calculated).

- Assessing Complex Chronic Pain: 3.0 credits
- Prescribing Opioids for Chronic Pain: 3.0 credits
- Addressing Opioid Challenges & Addiction: 3.0 credits

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

### WORKSHOP

#### **College of Family Physicians of Canada: 18.0 Mainpro+ credits**

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Faculty of Medicine, University of Toronto for up to 18.0 Mainpro+ credits.

#### **Royal College of Physicians and Surgeons of Canada: maximum of 6 hours (credits are automatically calculated)**

This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. Remember to visit MAINPORT ePortfolio to record your learning and outcomes. You may claim a maximum of 6 hours (credits are automatically calculated).

## CONTACT INFORMATION:

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